



# live later life well

**Laurel Court**  
**Didsbury**

Residential, residential dementia and nursing care







# A warm welcome to Laurel Court

**At Laurel Court, we provide residential, residential dementia and general nursing care for 91 residents, in homely en suite accommodation.**

Situated in beautiful gardens, it's a wonderfully calm and welcoming home, designed to help us deliver personalised care in a warm, supportive and friendly environment.

We have large gardens which are perfect for relaxing in the sunshine. We also have a cinema room, hair salon for a spot of pampering and sensory room that offers a calming quiet place.

Our schedule of events and optional activities helps residents to explore their interests and discover new ones. There's award-winning music therapy for our residents living with dementia, gardening, armchair exercises, baking, flower arranging, arts and crafts, bingo, quizzes and church services. We also have a dedicated chaplain.

Our regular trips out for lunch at the local Beehive café are very popular and some residents love to attend a weekly dance. With animal visits and local singers and musicians joining us, there's certainly plenty to look forward to.





Respite care available



Virtual tour on request



Find us on Facebook



24 hour care



Activities schedule



Chaplain



Dietary & religious needs catered for



En suite wet rooms



Hair salon



Home cooked meals



Music therapy



Nurse call system



Secure gardens



Snacks & drinks



WiFi

Visit our website for further details and our key information document





To take a closer look into life at our care homes, find us on Facebook



# Care, above and beyond

At Laurel Court we develop a personalised care plan shaped around interests, needs and choices.

Round-the-clock care is provided by a team of highly trained carers, who are incredibly passionate about what they do. Life here is easy and enjoyable and we take the time to really get to know our residents to ensure we offer just the right balance of company and privacy for all.



## Residential care

Our residential care provides a home from home to make sure your loved one continues to live life to its fullest, remaining as independent as possible, with peace of mind that comes from 24-hour support.



## Nursing care

Our 24-hour nursing care is tailored for individual needs. Providing round the clock specialist nursing care for those with medical needs, whether that's a long-term illness or disability. Delivered with friendly expertise by our highly skilled team of nursing professionals.



## Residential dementia care

At MHA we have a pioneering approach to dementia care providing a reassuringly familiar environment where residents enjoy music therapy, interactive 'magic tables', robotic pets and activities designed to stimulate and engage.





# Creating a richer and more fulfilled later life

Our approach to care is a truly holistic one, always with the aim of nurturing mind, body and spirit.

This comes as part of our promise to you and our residents, to help them genuinely live a better, more fulfilled life by respecting their individual needs and presenting them with opportunities to keep their minds and bodies active.

Whether they flourish in a lively group activity or prefer to re-charge in the peaceful surroundings of a quiet space, our home is brimming with inspiration and potential.

## Enjoying every day

Activity Coordinators are integral to our homes, ensuring there is a varied weekly activities calendar, tailored to meet the individual interests and preferences of each resident.

## Recognising the spiritual needs of our residents

All MHA care homes provide residents with pastoral care through our dedicated chaplaincy service. Our chaplains provide one-to-one support, a sense of comfort and a listening ear to everyone who needs it. We know that spirituality is important to many of our residents which is why we treat every person as an individual and encourage links with local faith communities where appropriate.





## Keeping in touch with each other

There are a number of ways to keep in touch with family and friends in addition to visiting the home. Using technology you can catch up over Zoom, through our Facebook page, or Famileo, an individual, personalised digital/printable family newsletter.

## Creating a safe environment

We have a call system which can be operated by a hand control or pendant, depending on personal preference. All floors are secured by keypad coding to ensure that residents are safe and secure at all times.

## Freshly prepared, nutritious meals

Mealtimes are an important part of the day here, giving residents the opportunity to get together and enjoy home cooked food in a relaxed restaurant-style environment.

We always offer two meal options and all specialist diets are catered for. Our chef will happily prepare an alternative dish if nothing on the main menu appeals.



Freshly prepared meals, cooked by our in-house chef



Locally sourced meats, fruit and vegetables where possible



Seasonal ingredients – menus change three times a year with input from residents



Specialist equipment and assistance as needed



Snacks and drinks available 24 hours a day



Home baking every day



Relatives welcome to join residents for meals



# Personalised Dementia Care

Dedicated to providing exceptional support to people living with dementia.

## MHA is a pioneer of relationship-centred dementia care in the UK

Our dementia care homes offer relationship-centred care for people living with dementia, focusing on their individual needs, preferences and abilities.

We recognise the crucial role families have to play and work closely with them to ensure we provide the best care possible. We ask families to share information about their loved one so we can build a full picture of their needs, their life story, likes and dislikes which enables us to offer a personalised care plan.

Relevant team members receive a full training programme which includes Dementia Friends, Love to Move, Understanding Distress Behaviours, wellbeing activities and dementia training for family members. There is a particular focus on the importance of relationships between the person with dementia, their families, friends and our staff.



Interactive  
robotic pets  
in all homes



Activities tailored  
to meet individual  
needs and  
preferences



Award-winning  
music therapy



Visit our website to download a free guide on Supporting People Living with Dementia



## Music therapy

### MHA are the leading provider of music therapy in dementia care across the UK

Our award-winning music therapy sessions are led by highly-trained therapists and can have an incredibly powerful and positive impact on a resident's wellbeing by reducing feelings of anxiety and agitation. Each home has regular group sessions while one-to-one sessions can also be arranged based on an individual assessment of a resident's needs.

### Using technology to improve wellbeing

We use technology across our care homes to help residents feel engaged with others and to provide meaning and comfort. Many of the homes have interactive 'magic tables', which are portable, motion-activated sensory projection systems, equipped with quizzes, music, activities and virtual tours. HUG dolls, designed to mimic the feeling of cuddling another person, have weighted limbs and a simulated beating heart to bring moments of calm and relaxation. All of our care homes have a specially designed robotic pet, either an interactive cat or dog which responds as a real pet would, helping to stimulate conversation and evoke memories of past pets.



Joy for All™





# Personalised Nursing Care

MHA nursing homes provide care for those with long-term illness or disability where more complex medical support is required.

We are dedicated to meeting the changing physical and mental health needs of each resident with ongoing nursing care. We ensure that each resident is treated with the dignity and respect that we all deserve to enable them to live later life well.

## Full time care

We can offer you reassurance and peace of mind with 24 hour care, 7 days a week, from a team of highly trained carers. We will take care of the daily management and administration of medication, provide nutritious meals where changing dietary needs are catered for while ensuring the home remains clean and safe. We also encourage residents to socialise and interact with others, reminiscing and sharing stories with like-minded people where possible.



Respect and dignity at all times



Activities tailored to meet individual needs and preferences



Famileo personalised family newsletter



## Seize the day!

We encourage residents and their relatives to share their 'seize the day' dreams with care staff who will endeavour to turn the wish into reality. This could include visiting a location that holds special memories, enjoying a former pastime or trying something for the first time.

## End of life care

When residents need specialist end of life care, our staff team will work closely with healthcare colleagues from outside of the home to ensure comfort, dignity, emotional and spiritual support. In preparation for this, they will seek to understand a resident's preferences and wishes for end of life care and support. Our Chaplains work closely with the whole staff team at this time and are available to support family and friends as required.

**“The care and consideration given by the staff to residents and visitors is as though you are their own family. They are always welcoming and friendly and so gentle with our precious loved ones.”**

Sandra, posted on [carehome.co.uk](https://www.carehome.co.uk)







## Contact us

For more information or to book a tour of the home.

### Laurel Court care home

1a Candleford Road  
off Palatine Road, Didsbury  
Manchester, M20 3JH

**Tel:** 0161 446 2844

**Enquiry email:** [enquiries@mha.org.uk](mailto:enquiries@mha.org.uk)

**General email:** [laurelcourt@mha.org.uk](mailto:laurelcourt@mha.org.uk)

[www.mha.org.uk/laurelcourt](http://www.mha.org.uk/laurelcourt)

 MHA Laurel Court



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MHA, Epworth House, Stuart Street, Derby DE1 2EQ

### Information correct at time of publishing, September 2022.

This brochure is set out as a general outline of what we offer, and is for guidance only.  
The information in this does not in any way form part of a contract or warranty.  
All imagery should be taken as representative only.  
National and local guidelines were adhered to and PPE was worn correctly at the  
time of taking images in our care homes that are featured throughout this issue.



Proud to be part of the  
National Care Forum