# Explore independent retirement living





## Experience retirement living

We believe that retirement shouldn't be about compromise; it should be about living the way you've been looking forward to living.

We are committed to providing our residents with the best possible comforts, care and freedom to focus on what really matters the most. If you or a loved one has reached the stage where maintaining a house and garden has become more of a chore than a hobby, then perhaps a low maintenance lifestyle is what you're looking for in retirement.

Living at one of our schemes, you can enjoy a new retirement lifestyle with the privacy and comfort of having your own front door.



## Our facilities

The facilities at each of our schemes vary from villages offering cinemas, spas, cafe bistro's and coffee lounges to our smaller schemes offering places to gather with most having the provision of food and gardens to enjoy and relax in.





## Supporting you in retirement

The health and wellbeing of our residents is at the heart of every MHA community. Just as everyone is different, so is the level of care and support you might require. With this in mind, we offer extra support, if and when it's needed.

We are on hand 24 hours a day, 365 days a year and can offer individual care packages provided by a qualified and reliable team right on your doorstep.

Our bespoke care provision is flexible, so should your requirements change in the future or perhaps you may require short-term support from post-operative care or illness, our team will be able to accommodate your individual needs.

A personal approach is offered to ensure that just the right amount of care is received to maintain independence. We also offer domestic assistance for an additional charge so you can spend more time on doing the things you enjoy.

All care packages are dependent on availability.



#### Sam Linscott Housing Manager

"I've been with MHA for 12 years and, for 6 of those, I've been here at Welland Place. It's a lovely place to work as it's a friendly community of both staff and residents".

## Supporting you in retirement



#### 24-hour call system

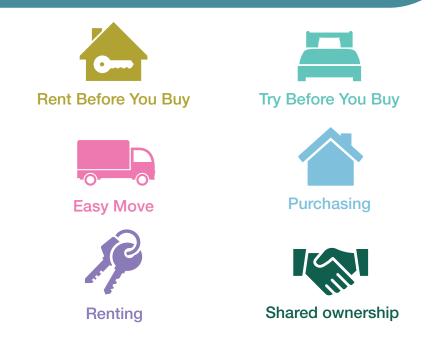
For added peace of mind, our sophisticated 24-hour emergency call system is linked directly to the on-site support team and covers each private apartment.





## Flexible Moving Packages

Here at MHA, we want to make sure that moving is as effortless as possible. You have the option to buy, rent, share ownership or even rent before you buy, ensuring that you have a range of options available when making your decisions.



### Call 0800 479 2224

Epworth House, Stuart Street, Derby DE1 2EQ

Visit our website for full terms and conditions: mha.org.uk/retirement-living/terms



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