

## Unlike any other Care home

### It would be hard to imagine another care home quite like MHA's Hall Grange.

For the grandeur of the property. For the uniqueness of the place. But above all, for the warmth and compassion of the people. Many of whom have dedicated decades of their careers to supporting the individuals living here.

Nestled on a quiet road in an affluent area of Croydon, Hall Grange has been at the heart of our local community for more than 60 years. Occupying the site of an old Victorian house, many of our residents share their childhood stories of the site and its breathtaking surroundings, overlooking Shirley Common and embraced by 'The Wilderness' gardens.

We asked Abi, Hall Grange's long-serving and much-loved manager, what she loves most about the home:



It's everything. I love the spirit of friendship. The team, the residents, the volunteers. Being able to have this kind of connection with everybody just makes this feel like home to me, and to everyone living here.















# The only word is wow,

Wow. That tends to be the favoured response when people first stroll our gardens and the wider grounds of The Wilderness.

Whether it's amongst the bursting bulbs of spring or the burning ambers of autumn, the reaction simply doesn't seem to change.

We can all thank Reverend Wilks for the astonishing grounds of Hall Grange. A former Secretary General of the Royal Horticultural Society, this place must have bordered both an experiment in expertise and a playground for his passions. It's why you'll find planting of national importance and stunning splendour.

Rare wild orchids. Unique ferns. One-of-a-kind poppies. And a historic oak that's stood proudly by our building for a century or more. This is a Site of Metropolitan Importance for Conservation. Our residents simply call it home.

But it's not just the natural embrace of The Wilderness that holds such a firm place in the hearts of people living here. It's the role it plays in welcoming our local community. Generations of children and volunteers have forged friendships and memories in our outdoor classrooms and volunteering centre.

We couldn't imagine anywhere better to welcome people from all ages and all walks of life. It would seem our community, our team and our residents would all agree.

## It's the Sorbet

We thought long and hard about how to describe the difference in the cuisine at Hall Grange. And the truth is, it's hard to do the food justice in words.

We could celebrate our head chef, and his long history working across a number of London's leading restaurants. We could mention the seasonal menus, freshly prepared each day from high-quality ingredients. Or the ever-changing array of biscuits and cakes prepared for our residents and their guests.

But sometimes the biggest difference is in the smallest of things. And at Hall Grange, you'll find it in the story of our sorbet. Watermelon sorbet, to be precise.

When a well-travelled resident regaled us with tales of her lifelong adventures, she'd often dwell on a childhood memory of a favourite sorbet. A taste she'd sought-out for decades, without any avail. Until one day, our chef surprised her with his own version of a watermelon sorbet. A recipe she proclaimed as the best she'd ever tasted, and now a firm favourite of our summer menu (and of our CEO, Sam).

You can't teach that kind of care and attention. Luckily at Hall Grange, we don't have to.



We really believe that good food is a big part of a person's wellbeing, both socially and physically. So the feedback of our residents is hugely important. You'll often find people in the kitchen sharing recipes or ideas that can influence the next evolution of our seasonal menus. As a chef, that kind of relationship is genuinely rewarding.

**Chef Ibrahim, Catering Manager at Hall Grange** 

### What you can expect at Hall Grange:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

#### Lunch

Traditional roast pork with apple sauce.

nr

Goats' cheese, spinach and tomato quiche.

All served with seasonal potatoes and roasted root vegetables.

Watermelon sorbet.

#### Evening meal

Soup of the day, with a selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.





## Support that speaks for itself

Our 86 spacious en-suite bedrooms are split between residential and dementia care, always offering generous proportions, and often adorned with architectural features salvaged from the Victorian mansion that stood proudly on this spot.

We're fortunate that the quality of our care and support speaks for itself. Or to be more specific, the positive recommendations of friends, families, neighbours and volunteers does the talking on our behalf.

It means the majority of our residents have been welcomed to Hall Grange thanks to local word of mouth or referrals from professionals or from the local Methodist church.

The result is a close-knit and like-minded group of residents that remain effortlessly entwined with their local community. They wouldn't have it any other way, and neither would we.

66

Hall Grange continues to provide superb care for my mum. She is looked after with kindness and care. We also feel support as a family. My young children love to visit several times a week and we get involved. It is a community. I feel happy that my mum is safe and well looked after.

Family testimonial from carehome.co.uk

#### Leo leads the way

But beyond the conventional care and support you'd expect from any reputed care home, you'll find an altogether different take on wellbeing at Hall Grange.

Leo often leads the way on this front. Perhaps the most popular of our honorary residents, this ten-year-old black labrador is our own pioneer of pet therapy. Outside of his weekly support responsibilities, he can often be found gleefully chasing squirrels in The Wilderness. It's a good deal for him and for us.



I'm not sure the squirrels enjoy Leo's visits too much, but he's certainly a welcome guest for all the human inhabitants of our home. Non-conventional support like pet therapy, music therapy and green care is so important in enhancing the wellbeing of everyone at Hall Grange.

**Abi, Hall Grange Manager** 





#### Our commitments to you:

- · You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- · You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own inside and out.

#### Facilities

- En-suite bedrooms with call system.
- Dedicated chaplain for spiritual support or private reflections.
- · Hairdressing and beauty salon for care and pampering.
- · Comfortable lounges and communal areas.
- Wheelchair accessible with lifts to upper floors.
- · Landscaped gardens with patio areas.





## Living later life well

## If you choose to visit Hall Grange on a Friday, please prepare yourself for a wholly unexpected experience of what care could be.

Your visit may be punctuated by the popping of champagne from late morning. Karaoke begins soon after. And the spirit of celebration continues throughout the day and into the weekend. There's perhaps little surprise that our residents have coined the phrase 'Fun Friday'.

But beyond the raucous renditions that end our week, there's much more to daily life at Hall Grange. Much of it shaped around the ideas, aspirations and support needs of the people who live here (a special mention for Adrian, founder of our very own 'Cameo Club').

The Hub often finds itself as the natural home for any communal gathering. It's an obvious choice for a number of reasons. Whether it's the central position. The views across The Wilderness. Or the expansive windows that open to a secure barbecue space surrounded by attractive planting.



Positioned at the heart of Hall Grange, this space becomes home to all manner of events. Collaborative painting classes with our local schools. Reflective walks through the grounds. And music therapy that's both planned and impulsive. With three pianos positioned throughout the home, we'll never tire of the countless times a resident will flex their fingers and fill the air with the tinkling rhythms of their favourite songs.

We're fortunate to be located close to all manner of amenities and attractions in our local community too. Beyond the boundaries of The Wilderness sits Shirley Common's charming green spaces. M&S Simply Food and Tesco Express are just a short walk away. And we're spoilt with a choice of friendly local pubs and restaurants too.













## Your Hall Grange

Whether you're searching for yourself or a loved one, for short-stays, residential or dementia care, our team at MHA's Hall Grange will be here to help.

We understand that searching for a care home can be a confusing time for any family. So we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support whenever you need us:



020 8654 1708



hallgrange@mha.org.uk

# Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.





#### Get in touch

#### Hall Grange care home

Shirley Church Road, Shirley, Croydon CR9 5AL





