



## Kenbrook care home

A photograph of an elderly Black man with a grey beard and glasses, wearing a purple button-down shirt, sitting in a brown armchair. He is smiling warmly. A woman's hand is visible on the right, resting on his arm. The background shows a window with greenery outside and a potted plant to the left.

*Live later  
life well*

General nursing, nursing dementia, palliative and short-stay care in Wembley

# The care home that *scores goals in care*

**At Kenbrook, you'll feel the buzz of Wembley and the warmth of a true home.**

Located in the heart of Wembley Park, Kenbrook offers a unique blend of vibrancy and serenity. Built on the foundation of its historic use as a home for London Transport railway staff, the building retains its sense of heritage while offering modern, comfortable facilities designed to meet residents' needs.

Residents love the small sun lounge, a bright and peaceful space overlooking the railway tracks. Watching the trains glide by often sparks conversations about travels and holidays from days past. Spacious lounges open onto landscaped gardens, creating a seamless connection between indoor and outdoor living.

Whether enjoying the lively atmosphere of Wembley's high street or the quiet comfort of the home's warm interiors, Kenbrook offers residents the perfect balance of activity and relaxation.









# Gardens that are *Eggs-traordinary!*

**Our gardens are much-loved spaces, offering residents opportunities for relaxation, creativity, and connection.**

The landscaped grounds include a courtyard garden, home to seven resident chickens that provide fresh eggs daily. Residents enjoy collecting the eggs and caring for the chickens, which add a unique charm to daily life.

The “Pot Gang” gardening project encourages residents to grow vegetables like tomatoes, cucumbers, and squash, fostering a sense of accomplishment and joy.

Seasonal events, including summer BBQs and garden parties, bring the space to life. The gardens buzz with laughter, music, and delicious food shared with family and friends, while shaded benches provide peaceful spots for quiet reflection.

The gardens at Kenbrook are not just outdoor spaces - they're places where memories grow.

# Dining *that delights*

**We know that food is more than just a meal - it's a way to create connections and celebrate life.**

The talented cook collaborates with residents who enjoy helping to craft menus that reflect their preferences, blending comforting classics with exciting new flavours.

Baking sessions are a resident favourite, with Irish soda bread and homemade cakes often filling the home with delightful aromas. Themed food events and summer BBQs bring a festive atmosphere, while afternoon teas offer residents and their families a chance to sit together and chat with a nice cup of tea.

Whether it's a familiar dish or a shared baking activity, mealtimes at Kenbrook feel like home.



The atmosphere is welcoming and full of life. Kenbrook feels like a community, as residents eat together in the dining rooms and there are plenty of activities and special events taking place.

**Family testimonial from [carehome.co.uk](https://www.carehome.co.uk)**





## *What you can expect at Kenbrook:*

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

### *Lunch*

Traditional roast pork  
with apple sauce.

*or*

Goats' cheese, spinach  
and tomato quiche.

*All served with seasonal potatoes  
and roasted root vegetables.*

Watermelon sorbet.

### *Evening meal*

Soup of the day, with a  
selection of sandwiches.

*or*

Cheese and potato pie.

Lemon drizzle cake.









# Unlike any other *care home*

Our home provides specialised nursing and dementia care for up to 51 older residents in light and airy single ensuite rooms.

The care is tailored to each individual, fostering a sense of comfort and belonging. The home integrates residents with and without dementia, creating an inclusive environment where everyone feels valued and supported.

The team's dedication is evident in the long service of many staff members, with some serving for over a decade. This consistency ensures that residents are cared for by familiar, friendly faces who understand their needs. Sarah, the Home Manager, brings over 20 years of nursing experience to her role, combining clinical expertise with a personal touch.

Kenbrook's excellent reputation extends into the community, with local healthcare professionals trusting the home for its exceptional care.



Kenbrook is more than a care home - it's a family where residents feel respected and loved.

**Sarah Law, Home Manager**



## *Our commitments to you:*

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

## *Facilities*

- Single furnished ensuite rooms.
- Wheelchair accessible with lifts to upper floors.
- Comfortable lounges and communal areas including a beautiful mezzanine.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.













# Living later life well

## When you think of a care home, what springs to mind?

Life at Kenbrook is vibrant and filled with opportunities to connect, celebrate, and explore. Weekly visits from schoolchildren, who write letters and join activities like Pancake Day and card making, bring intergenerational joy and laughter.

Volunteers enhance the home's lively atmosphere, offering everything from beauty treatments to companionship.

Events like the 1940s-themed party celebrating MHA's 80th birthday bring the past to life, while Valentine's Day tea parties and hosting our own Royal Albert Hall Songbook concert, create cherished memories.

Therapy pets, including two resident cats and tropical fish, provide comfort and companionship to residents and for those enjoy their armchair relaxation, the first-floor sitting room offers panoramic views of the gardens,

For our residents living with dementia we offer comfort through robotic pets and hug dolls, while music therapy and themed celebrations add energy and joy to the week.

At Kenbrook, life is about celebrating every moment in a home filled with love, laughter, and community.



# Here *for you...*

Whether you're searching for yourself or a loved one, for short-stay, general nursing, nursing dementia or palliative care, our team at Kenbrook will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



0208 904 5818



[kenbrook@mha.org.uk](mailto:kenbrook@mha.org.uk)



# Proud to be part of MHA

**For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.**

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



[mha.org.uk/kenbrook](https://mha.org.uk/kenbrook)



# Get in touch

## Kenbrook care home

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