



Rushden Park care home

A photograph of an elderly Black man with a grey beard and glasses, wearing a light purple button-down shirt. He is sitting in a brown armchair and smiling warmly. A woman's hand is visible on the right, resting on his arm. The background shows a window with greenery outside and a potted plant to the left.

*Live later
life well*

Residential, general nursing, palliative and short-stay care in Northampton

The care home where *life flourishes*

**Rushden Park is more than just a care home
- it's a family.**

Located in the heart of Rushden and easily accessible by public transport, the home offers a peaceful retreat with easy reach of the nearby Nene Valley countryside and Rushden Lakes, a vibrant shopping and leisure destination.

Built in 2000, the home's design prioritises accessibility and comfort, with wide corridors, cosy lounges, and spacious communal areas. Residents are encouraged to personalise their en-suite rooms, making them feel truly at home.

At Rushden Park, every detail is thoughtfully designed to foster independence, comfort, and connection.



Our residents are the heart of our care home and supporting them is truly what I love to do. I'm dedicated to helping them live their best lives, ensuring they have the care and comfort they deserve. Seeing them happy and smiling means everything to me - I wouldn't have it any other way.

Bindu Krishnan, Home Manager



Gardens for *all seasons*

The beautifully landscaped gardens at Rushden Park are enclosed with mature trees offering a canopy of green in summer along with some much-appreciated shade.

Rushden's gardens are a source of peace and connection for residents and families.

Alongside the patio areas with tables and chairs we have a summer house and raised flower beds. The outdoor spaces are perfect for relaxation and activities for those with green-fingers and a desire to still potter with a little planting.

Brian, one of our residents, worked closely with the gardeners to do a bit of landscaping to change the view from his room adding a personal touch to the grounds.

The gardens are also home to regular visitors, including squirrels, doves, and Dave the cat, a friendly black-and-white feline beloved by residents.

At Rushden Park, the gardens are more than just outdoor spaces - they're places where memories are made and joy blossoms.

A taste of *home*

Dining at Rushden Park is all about creating moments of joy and community. Menus are varied and offer a variety of fresh, home-cooked meals prepared daily by our lovely Head Chef Sam.

With 19 years of experience in the catering industry, Sam's specialties include the very popular Yorkshire puddings, hearty stews, and delicious dumplings.

Our residents enjoy the themed dining events, such as Cheese and Wine Night and Fish and Chip Fridays and other celebration events, while the café-style setting brings daily connection and conversation.

Birthday celebrations always feature specially baked cakes, making every resident feel cherished with the opportunity to request their favourite flavour and special decoration.

At Rushden Park, mealtimes are about more than just nourishment - they're about building connections and celebrating life's little pleasures.



What you can expect at Rushden Park:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

Lunch

Traditional roast pork
with apple sauce.

or

Goats' cheese, spinach
and tomato quiche.

*All served with seasonal potatoes
and roasted root vegetables.*

Watermelon sorbet.

Evening meal

Soup of the day, with a
selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







Support that *speaks for itself*

Our home provides nursing care for up to 65 residents in cosy, ensuite accommodation.

At Rushden Park, care is tailored to meet the unique needs of every one of our residents. From nursing to palliative care and respite stays, the experienced team provides compassionate, round-the-clock care in a warm and welcoming environment.

We pride ourselves in the support we give our families too, with overnight care packages and open visiting policies that allow relatives to spend as much time as they need with their loved ones.

With an open-door management policy and long-serving team who treat residents like family, Rushden Park is a home where everyone feels supported and valued.



My lovely auntie has been placed at Rushden Park for end-of-life care. The staff here were so understanding and comforting. The atmosphere as you come in is very welcoming - I feel confident in the care my auntie is receiving.

Family testimonial from carehome.co.uk

Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

Facilities

- Single furnished ensuite bedrooms.
- Award-winning music therapy to support life with dementia.
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.







Living later life well

When you think of a care home, what springs to mind?

Everyone comments when they arrive at Rushden Park about the cheerful chirping of the canaries in the reception area of the home. Residents and visitors alike pause for a few minutes to listening to their happy sound as they add bring calm and company to the home. Along with the happy little yellow birds you will find life at Rushden Park is vibrant, with activities tailored to residents' interests.

From the much-enjoyed karaoke sessions, bingo, and quizzes through to encouraging residents to enjoy familiar hobbies or explore new ones. If anyone fancies a trip out, we also enjoy outings to Rushden Lakes, where everyone can shop, sip coffee at local cafés, and take in the serene views of swans and geese by the water.

The aptly named Tipple Trolley is a favourite among residents, offering a delightful selection of mocktails and more. Wheeled out for special events and occasions, it adds a fun and festive touch to every gathering.



The activities here are always thoughtful, ensuring residents feel engaged and valued. It's lovely to see Mum smiling and enjoying herself every day.

Family testimonial from carehome.co.uk



Here *for you...*

Whether you're searching for yourself or a loved one, for short-stay, residential, general nursing or palliative care, our team at Rushden Park will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



01933 418777



rushdenpark@mha.org.uk

Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



mha.org.uk/rushdenpark



Get in touch

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