

## **Brookfield** care home

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Nursing, nursing dementia and short-stay care in Oxford

# The home with the murals

#### Situated on the outskirts of Oxford, Brookfield offers a calm and comfortable retreat with views of Gillian Park.

Easily accessible via the A40 and local bus routes, the home is ideally located near cafes, cinemas, and shopping areas, ensuring families can visit easily and as often as they want.

Inside, Brookfield is a thoughtfully designed home, our visitors are always amazed when they first come across the hand painted murals adorning the corridors of the upper floor dementia household. Lovingly designed and created by our very talented activities team they not only provide fun decoration but also help residents locate their rooms.

The home is designed across two floors, featuring four welcoming units each offering communal spaces, kitchenettes, and bright dining areas.

Brookfield provides a reassuringly familiar and homely setting where residents feel connected, comfortable, and cared for every day.















# Gardens for all seasons

The secure, landscaped gardens at Brookfield are a peaceful haven for residents to relax, explore, and enjoy nature.

Raised garden beds provide the perfect space for gardening activities, allowing residents to plant flowers, vegetables, and herbs with support from staff.

Seasonal events, such as summer BBQs and outdoor parties, bring the gardens to life, offering opportunities for connection with family, friends and the local community.

Residents love spending time in these spaces, whether it's for a quiet chat on the patio for a moment of calm in the fresh air or participating in a craft activity.

For those who enjoy wildlife, the gardens are a hub of activity, with birds, butterflies, and greenery creating a sensory-rich environment. With dedicated areas for relaxation and socialising, Brookfield's outdoor spaces are a true extension of the warmth found inside the home.

# Dining that celebrates culture

At Brookfield, mealtimes are about more than just food - they're about creating moments of comfort, connection, and joy.

The menus are designed with input from residents, ensuring everyone's favourites are included. Meals are freshly prepared each day, using locally sourced ingredients for maximum flavour and nutrition.

The catering team is led by Trish, who started as a cook and has been part of the home for 12 years. Hailey, our kitchen assistant, brings her own specialties, including apple turnover pies and cakes that are always a hit with residents. Meals such as mince and tatties and cheese on toast remain firm favourites, offering familiar comforts to all.

Brookfield's diverse team celebrates cultures and religions, with dishes from around the world adding variety and a sense of home for residents of all backgrounds. Special occasions are marked with personalised menus and themed meals, creating opportunities to celebrate and enjoy time together.

At Brookfield, dining is an experience that brings smiles to the table every day.





To be able to talk to each of our residents, have a cup of tea, make them feel special, and see them have a purpose means everything and beyond.

**Christine Hamilton, Home manager** 

# What you can expect at Brookfield:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

### Lunch

Traditional roast pork with apple sauce.

or

Goats' cheese, spinach and tomato quiche. All served with seasonal potatoes and roasted root vegetables.

Watermelon sorbet.

### Evening meal

Soup of the day, with a selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.









## Support that speaks for itself

Brookfield provides specialised nursing and dementia care, ensuring every resident's individual needs are met with compassion and dignity. With a focus on creating a reassuringly familiar environment, the team works closely with families to develop personalised care plans that reflect each resident's history, preferences, and abilities.

Residents benefit from innovative activities designed to engage and stimulate, such as music therapy sessions and robotic pets. The team also hosts regular residents' meetings and "*You Said*, *We Did*" discussions, encouraging feedback and collaboration to enhance daily life.

Led by Christine, who has over 49 years of experience in the health care field, the team at Brookfield is known for going above and beyond. Staff from diverse cultural backgrounds bring warmth and understanding to their roles, creating a true sense of family and belonging.

At Brookfield, care is more than just support - it's about helping residents live later life well.

We're here to care for our wonderful residents who all need varying levels of care and support. Some have no family, and we become their family! Others have family, and the family sometimes needs support - me and my staff will go above and beyond to look after the residents.

**Christine Hamilton, Home manager** 

#### Our commitments to you:

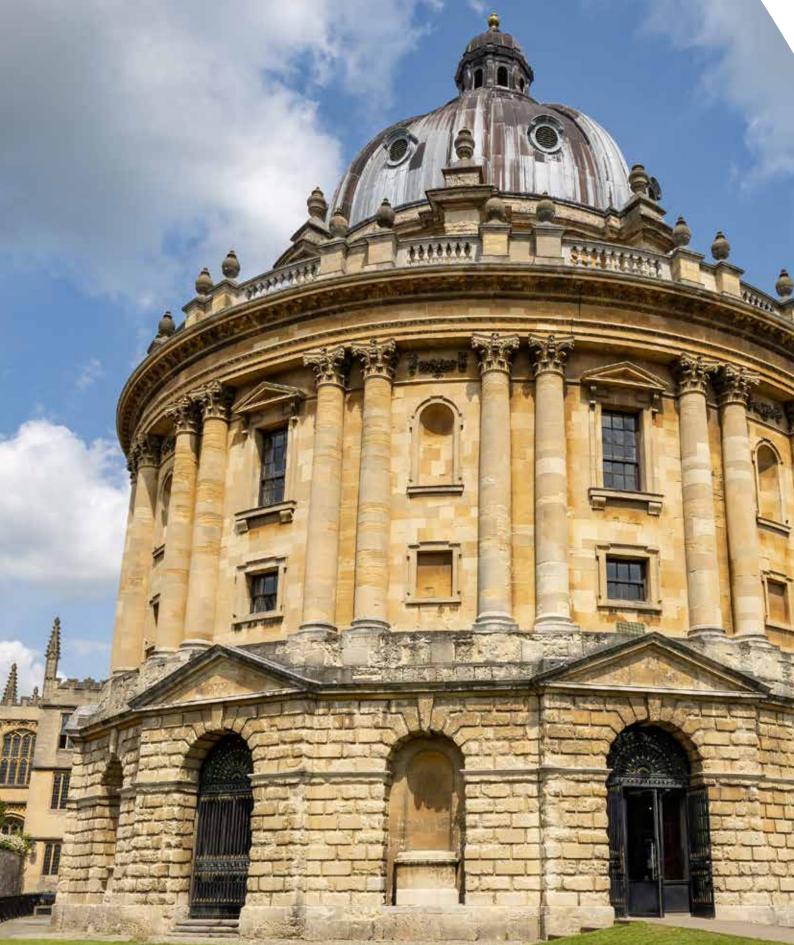
- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- · You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own inside and out.

#### Facilities

- Single furnished ensuite bedrooms.
- Award-winning music therapy to support life with dementia.
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- · Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.







# Living later life well

## When you think of a care home, what springs to mind?

We are very lucky at Brookfield to have a very talented team who are dedicated to ensuring a diverse programme of activities which are always very creative and tailored to residents' interests. Residents enjoy arts and crafts, movie afternoons with classic and modern films, and animal therapy sessions featuring dogs, owls, reptiles, and even donkeys.

Regular entertainers bring music and nostalgia to the home, performing hits from the 1960s that spark memories and create joy. Our Music Therapist also visits weekly, leading singalongs and 1-2-1 sessions that bring comfort and connection to residents.

Seasonal events like pirate fairs, Christmas celebrations, and visits from Windale School's choir bring excitement, with students joining in for art and other activities. The Hillsong Church choir adds to the joy, making it special for residents.

Brookfield is a place where every day offers opportunities for creativity, laughter, and shared memories, helping residents feel truly at home.



As a volunteer, I see kindness and good humour demonstrated by carers and nursing staff. The creative activities facilitated by the activities team are imaginative and inclusive.

Volunteer at Brookfield care home













# Here For you...

Whether you're searching for yourself or a loved one, for short-stays, nursing or nursing dementia care, our team at Brookfield will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



# Proud to be part of MHA

## For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.







#### **Brookfield care home**

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