

## Hartcliffe care home

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## The care home with a legacy of care

Hartcliffe is more than just a care home - it's a place where residents, staff, and families come together to create something truly special. Nestled in a peaceful residential area, the home enjoys easy access to local attractions, including Hartcliffe City Farm, Chew Valley Animal Park, and Hengrove Park.

Originally built in the 1980s, Hartcliffe has recently been refurbished, offering a welcoming and modern home for 65 residents. The downstairs lounge is a lively hub where music, laughter, and conversation bring people together. From friendly chess matches and movie nights to creative arts and crafts sessions, there's always an opportunity to connect, unwind, and make cherished memories in this vibrant setting.





Hartcliffe is so well named as it really is the heart of the local community and vice versa - the local community wraps their arms around the home. We've been told that Hartcliffe is the extended family you never knew growing up but one that supports you when you need it.

Sara Cryer, Home Manager











## Gardens for all seasons

Our beautifully landscaped grounds provide a safe and tranquil space for residents to enjoy the outdoors. Each year, they yield a delightful harvest of strawberries and tomatoes, which find their way into our care home kitchen and onto residents' tables. Pots and troughs overflow with vibrant flowers, often nurtured by our very own residents.

Seasonal events, like summer garden parties and bonfire nights, bring the gardens to life with laughter and celebration. Whether it's enjoying a cup of tea in the sunshine or watching the birds flit between the trees, the gardens are a sanctuary for residents and their families.

The gardens are more than just an outdoor space - they are a place where residents find peace, joy, and a connection to the world around them.



I have never wanted to go into a nursing home before... I am so happy now that I gave it a chance because I love everything about the place.

Resident testimonial from carehome.co.uk

# A taste of home

Dining at Hartcliffe is all about enjoying familiar favourites while embracing the flavours of different cultures. Mealtimes are a cherished part of the day, offering not just nourishment but moments of connection and comfort. Cottage pie remains a firm favourite among residents, evoking memories of home-cooked meals, while regular fish and chip deliveries bring a taste of the seaside straight to the home.

Themed menus add excitement and variety, making mealtimes a time for celebration. Residents have enjoyed American Independence Day with classic favourites like cheeseburgers and apple pie, while Diwali was marked with a vibrant selection of Indian dishes to honour the occasion. Christmas dinners, afternoon teas, and birthday celebrations ensure that every resident has something to look forward to.

Every meal is carefully prepared to meet the dietary needs and preferences of residents, ensuring that everyone enjoys food that is both delicious and suitable for their individual requirements.



## What you can expect at Hartcliffe:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

#### Lunch

Traditional roast pork with apple sauce.

or

Goats' cheese, spinach and tomato quiche. All served with seasonal potatoes and roasted root vegetables.

Watermelon sorbet.

#### Evening meal

Soup of the day, with a selection of sandwiches. *or* Cheese and potato pie.

Lemon drizzle cake.









## Support that Speaks for itself

We make sure that care goes beyond just physical support it's about creating a warm, welcoming space where residents feel truly at home. The home provides residential and expert nursing care, ensuring that every resident receives personalised, round-the-clock support from a dedicated team who take the time to understand each individual's needs and preferences.

We're fortunate that the quality of our care and support speaks for itself. Or to be more specific, the positive recommendations of friends, families, neighbours and volunteers does the talking on our behalf.

It means the majority of our residents have been welcomed to Hartcliffe thanks to local reputation, or referrals from both healthcare professionals or from the Methodist church.

The result is a close-knit and like-minded group of residents who remain effortlessly entwined with their local community. They wouldn't have it any other way. And neither would we.

> As a family, we felt totally welcome on every occasion when we visited. They looked after my mum with compassion, humour, and great care and attention.

Family testimonial from carehome.co.uk

#### Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- · You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own inside and out.

#### Facilities

- Single furnished ensuite bedrooms.
- · Wheelchair accessible with lifts to upper floors.
- · Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 call system in every room.
- · Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.
- Intergenerational activities with local schools and groups.







# Living later life well

## When you think of a care home, what springs to mind?

Daily life is active and full of meaningful engagements. Music is a major part of the home's atmosphere, with regular concerts from the local community choir, performances from an 8-year-old Elvis impersonator, and visits from the husband-and-wife duo Spangles who personalise songs for residents, making each performance truly special.

Seasonal events and celebrations bring residents, families, and staff together. Whether it's dressing up for themed days, hosting a Bollywood dance workshop, or celebrating a milestone like Gladys's 102nd birthday with a tea party, every occasion is embraced with enthusiasm.

Hartcliffe also has a special place for animals, with resident cat Benji often found snoozing in the laundry room, therapy dog Nico bringing comfort to residents, and the home even hatching chicks from eggs - each one named by residents and staff.



Everybody works well together as a team. They are all very friendly and go out of their way to help my mother. The home runs daily entertainment and activities which my mother enjoys very much.

Family testimonial from carehome.co.uk















Whether you're searching for yourself or a loved one, for short-stay, residential, nursing or palliative care, our team at Hartcliffe will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



## Proud to be part of MHA

### For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.







#### Hartcliffe care home

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