



## Langholme care home

A photograph of a young man with a beard, wearing a light blue short-sleeved shirt with a name tag, walking and talking with an elderly Black man with a white beard and glasses. They are walking through a field of yellow wildflowers. The caregiver is on the left, and the resident is on the right. They are both smiling and looking at each other.

*Live later  
life well*

**Residential and residential dementia care in Falmouth**

# A home where *life flourishes*

**Located in the heart of Falmouth, Langholme is surrounded by beauty and history. Nestled on a lime tree-lined avenue near Pendennis Castle and Arwenack House, the home combines a tranquil setting with vibrant community links.**

Langholme is much more than a care home - it's a place to thrive. Residents enjoy secure gardens, spacious lounges, day trip out, and two summerhouses for celebrations. Whether it's the joy of a freshly baked Cornish pasty or the connection found during toddler group meetups, every day offers opportunities to create memories.

With over an acre of gardens and a dedicated team, Langholme is a home where care feels like family, and life is celebrated in every moment.



We care not only for our residents, but their families and friends too. Many people become volunteers because they don't want to leave the Langholme family.

**Maria Browne, Home Manager**



# Gardens to explore, memories *to grow*

**At Langholme, the gardens are more than outdoor spaces - they're a sanctuary for residents and families. Surrounded by ancient, listed walls, the gardens feature Falmouth's largest cherry blossom tree, apple and pear blossoms, and vibrant flowerbeds.**

Residents grow their own pumpkins for autumn events, with plans for a kitchen garden to promote eco-friendly living.

Secure pathways allow residents to enjoy the outdoors safely, while two summerhouses provide perfect settings for celebrations. From birthdays to festive Santa's Grotto with a snow machine, these spaces bring joy to special occasions. A secret garden with a locked gate offers direct access to the town's Event Square but please keep this to yourself!

Whether enjoying award-winning honey from the on-site beehives or relaxing in the shade of a cherry blossom, the gardens at Langholme are a place of peace, engagement, and beauty.

# A taste of Cornwall

**Dining at Langholme is a celebration of community and comfort. You won't be surprised to find that the residents' favourite dishes include the eponymous Cornish pastie, a beloved part of the local heritage, and freshly baked by our chefs.**

The kitchen team works closely with residents to create menus that reflect their preferences and dietary needs. Whether it's a traditional roast, light snacks, or home-made scones with jam and clotted cream (Cornish – what else?), every meal is crafted to nourish and bring joy.

Special occasions, such as themed dinners or meals in the summerhouses, make dining even more memorable. At Langholme, food isn't just about sustenance - it's about enjoyment, comfort, and creating cherished moments every day.



## *What you can expect at Langholme:*

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

### *Lunch*

Traditional roast pork  
with apple sauce.

*or*

Goats' cheese, spinach  
and tomato quiche.

*All served with seasonal potatoes  
and roasted root vegetables.*

Watermelon sorbet.

### *Evening meal*

Soup of the day, with a  
selection of sandwiches.

*or*

Cheese and potato pie.

Lemon drizzle cake.







# Support that speaks *for itself*

Langholme is more than a care home - it's a place where residents feel valued, supported, and at home. With spacious lounges, direct garden access, its own minibus for fun trips out, and a friendly team, the home fosters independence and meaningful engagement.

Unique experiences, like alpacas taking the lift to greet residents in their rooms or holding snakes and creepy crawlies, add excitement and joy. Langholme is also deeply rooted in the community, hosting toddler meetups, church groups and art displays from local creators.

And next time you're strolling down Arwenack Avenue, look out for a special bench donated by residents and inscribed with "*Langholme's words of wisdom*" - a curation of residents' sayings that make passersby reflect and smile.



This is a great home. My mum says it feels like a family atmosphere, mainly due to the lovely staff. They are so caring. I would be very happy to spend my last few years in this home.

**Family testimonial from [carehome.co.uk](https://www.carehome.co.uk)**

## *Our commitments to you:*

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

## *Facilities*

- Single furnished ensuite bedrooms.
- Award-winning music therapy to support life with dementia
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.
- Minibus for day trips.







# Living later life well

## When you think of a care home, what springs to mind?

Life at Langholme is vibrant, with activities and outings that bring residents joy and connection. Day trips on Langholme's minibus include visits to the donkey sanctuary, Christmas light tours, and harbourside pubs. The home's '*magic*' table is a hub for fun, where residents and their friends and families play interactive games and share laughter.

Residents are encouraged and supported to '*seize the day*' and realise a lifelong ambition such as helicopter rides with champagne.

Visits from local entertainers, themed activities, and pet therapy ensure there's always something to look forward to.

At Langholme, every day is a celebration of life, filled with opportunities to connect, create, and thrive.



A wonderful care home built on trust, hard work and commitment. Staff are valued and are always willing to help in any way they can.

**Family testimonial from [carehome.co.uk](https://www.carehome.co.uk)**



# Here *for you...*

Whether you're searching for yourself or a loved one, for residential or dementia care, our team at Langholme will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



01326 314512



[langholme@mha.org.uk](mailto:langholme@mha.org.uk)

# Proud to be part of MHA

**For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.**

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



[mha.org.uk/langholme](https://mha.org.uk/langholme)



# Get in touch

## Langholme care home

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