

#### **Riverview Lodge** care home

# <image><image>

Residential, residential dementia and short-stay care in Kingsbury, London

## The care home where life flourishes

Tucked just across from Wembley Sailing Club and not far from the iconic stadium, Riverview Lodge offers a calm and peaceful spot that might just surprise you. Despite being so close to the buzz of London, there's a real sense of tranquillity here - perfect for those who enjoy life at a gentler pace.

With the Brent Reservoir nearby and a few lovely garden centres close at hand, there are plenty of chances for little outings and staying connected to the local community.

Inside, it's warm and welcoming, with just 36 en-suite bedrooms designed for both residential and dementia care. The atmosphere is friendly and familiar - like a proper home.

There are charming little extras too, like the on-site shop for picking up essentials and a cosy 1950s-themed reminiscence room, full of vintage touches that spark lovely memories and great conversations. It's a special place, with heart and character.





The home really does make every effort to promote quality of life and personal choice for the residents. Mum was encouraged to join in social activities such as keep-fit and music sessions. The food is all home-cooked, the best quality and plentiful!

Family testimonial from carehome.co.uk













### Gardens for all seasons

The gardens here are a real gem - peaceful, colourful, and full of character. Residents love getting involved, planting bright blooms like primroses and petunias that really bring the space to life.

Raised beds make it easy for everyone to join in, whether you're a seasoned gardener or just fancy giving it a go.

There's always something fluttering about too, with birds of all kinds popping in for a snack - blue Jays, robins, even the odd cheeky parrot! Feeders are topped up with every kind of seed, so there's never a dull moment for birdwatchers.

It's a safe space where you can enjoy a slow morning walk, catch up with friends over a cup of tea, or join in seasonal events like the summer fair. Whatever you are doing it feels relaxing, welcoming, and great to be out in the fresh air.



We're a small home, and many of our team have been here for over 15 years. That means we really get to know each of our 36 residents - not just their needs, but their stories and personalities. We care for them as we would our own.

Anne Fenlon, Home Manager

# A taste of home

Our mealtimes are all about comfort, flavour, and a good bit of variety. With a wonderfully diverse community, the menu takes inspiration from all over, so think tasty Spanish dishes, hearty Irish favourites, vibrant Jamaican flavours, and fragrant Indian meals.

Every few months, the team sits down with residents and their families to chat about what's working and what's not. If someone's not a fan of something on the menu, we will do our very best to tweak things - because everyone deserves to look forward to their food.

From freshly baked treats to proper, satisfying mains, everything's made with care and attention to personal tastes. There's always something to look forward to, including cheese and wine tasting, or events like Diwali that comes with themed menus and a lovely celebratory feel.

It's not just about eating - it's about enjoying the moment, sharing stories, and feeling right at home around the table.



# What you can expect at Riverview Lodge:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

#### Lunch

Traditional roast pork with apple sauce.

or

Goats' cheese, spinach and tomato quiche. All served with seasonal potatoes and roasted root vegetables.

Watermelon sorbet.

#### Evening meal

Soup of the day, with a selection of sandwiches. *or* Cheese and potato pie.

Lemon drizzle cake.









# Support that Speaks for itself

Care here isn't just about ticking boxes - it's about really knowing each person and what makes them feel comfortable, safe, and happy. Whether someone needs a little help or more day-to-day support, everything is shaped around the individual. It's that personal touch that makes all the difference.

The team has a big heart, and it shows. Many are long-timers who have been at Riverview Lodge for over 15 years, bringing a real sense of warmth and familiarity. They know the little things that matter - how someone likes their tea, what music makes them smile, or when they just need a quiet moment.

Families are part of it too. Whether it's through regular chats, residents' meetings, or just being there to listen, the team makes sure everyone feels heard and cared for.

It's not just care - it's genuine connection, support, and creating a place that truly feels like home.

> I experienced the amazing warmth, kindness, and generosity of all the wonderful staff, from the cleaners to the carers and the manager. They took as much care of me as they did of Mum. It felt like being hugged in a warm blanket of kindness and love.

Family testimonial from carehome.co.uk

#### Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- · You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own inside and out.

#### Facilities

- Single furnished en-suite bedrooms.
- · Award-winning music therapy to support life with dementia.
- · Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- · Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.







# Living later life well

## When you think of a care home, what springs to mind?

There's always something happening to keep the days fun, full, and meaningful! From creative themed events to everyday activities that lift the spirits, life here is anything but dull. A big favourite was the Alice in Wonderland tea party - residents and the team dressed up, shared a laugh, and totally got into character. The Winter Wonderland performance brought a sparkle of festive magic too.

Celebrating different cultures is part of keeping things different. Black History Month featured tasty jerk chicken, and St. Andrew's Day had everyone clapping along to live Scottish tunes. Residents help shape the activity calendar, making sure it's packed with things they actually enjoy.

With regular yoga sessions, gentle morning walks, and relaxing pet therapy days, every day is a chance to feel good - physically, emotionally, and socially. Add in visits from local school kids with songs and handmade gifts, and you've got a home that's warm, welcoming, and buzzing with life.



Lovely carers and excellent management and the activities are wonderful. I go on trips to the local garden centre and walks. Good food. I am happy here and I have no problems.

Resident testimonial from carehome.co.uk















Whether you're searching for yourself or a loved one, for residential, residential dementia or short-stay care, our team at Riverview Lodge will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



# Proud to be part of MHA

#### For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.





## Get in touch

#### **Riverview Lodge care home**

Birchen Grove, Kingsbury, London NW9 8SE



😢 0208 2053190 🛛 🗹 riverviewlodge@mha.org.uk



