



**Ryelands
care home**

A photograph of a young man with a beard, wearing a light blue short-sleeved shirt with a name tag, walking and talking with an elderly Black man with a white beard and glasses. The elderly man is wearing a purple shirt and a black leather jacket. They are walking through a field of yellow wildflowers with green foliage in the background.

*Live later
life well*

Residential, dementia and short-stay care in Wallington

A home for some *firsts*

The word heritage probably isn't something you would associate with a purpose-built modern care home in Wallington, but that's precisely the way we would describe Ryelands.

When MHA opened our doors in 1945, this was the location of our very first care home looking after 12 elderly ladies. And because Ryelands is steeped in over 80 years of MHA history you'll instantly feel the warmth of a home built on care, compassion, and connection.

The home is designed to feel intimate and family-like, with its smaller size, ensuring every resident feels seen and valued. Surrounded by local green spaces like Beddington Park and Carshalton Park, Ryelands is perfectly situated for both tranquillity and vibrant community engagement.

Ryelands sits just next door to MHA Moorlands retirement living apartments, and is deeply connected to its neighbourhood, with locals, team members and volunteers often joining together to make every moment at the home a special place to be.



When you walk into Ryelands, it feels warm and welcoming from every staff member that you see.

Solomon-Paul Ekuase, Home Manager

At Ryelands, every day is an opportunity to create meaningful connections and live life to the fullest.



Gardens for *all seasons*

It's hard not to notice the lovely secure gardens encircling Ryelands. They somehow envelop the home in a big hug, providing warming sun traps and a picturesque backdrop to the popular conservatory space.

In warmer weather the gardens are also home to Maisie and Daisy, the home's beloved guinea pigs, who bring smiles to everyone they meet. Therapy dogs visit monthly, adding even more warmth and companionship to this special space.

The gardens feature raised beds where residents grow herbs and vegetables such as tomatoes and cauliflowers which are always welcomed in the care home's kitchen and onto the table for our residents.

The space is not only a tranquil retreat but also a hub for connection and creativity.

With seasonal events like summer BBQs and garden centre outings to investigate what we can add to make our gardens grow, there's always something to look forward to and Ryelands' gardens are a place where memories blossom.

Dining that *delights*

As you'd expect the menu is shaped around the ideas and preferences of our residents at Ryelands.

One particular favourite, is the chef's unique vegetable spaghetti carbonara, made with courgettes instead of bacon, offering a delicious and healthier twist on a classic.

The kitchen team also produce freshly baked cakes daily, a treat so beloved that one respite resident said that this was one of the things they missed most when leaving...but don't worry you're welcome to pop back in to see your friends and enjoy a slice and cuppa anytime.

Cultural celebrations bring an added layer of excitement to dining at Ryelands. Events like World Food Day see staff and residents sharing traditional dishes from around the world, creating a vibrant and inclusive culinary experience.

Whether it's a themed dinner, a birthday celebration, or a quiet tea in the garden, dining at Ryelands is always a highlight.



What you can expect at Ryelands:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

Lunch

Traditional roast pork
with apple sauce.

or

Goats' cheese, spinach
and tomato quiche.

*All served with seasonal potatoes
and roasted root vegetables.*

Watermelon sorbet.

Evening meal

Soup of the day, with a
selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







Support that speaks *for itself*

Our 50 spacious en-suite bedrooms are split between residential and residential dementia care, offering good proportions and mostly blessed with view of the natural landscape that our garden and mature trees have to offer.

At Ryelands, care goes beyond meeting physical needs - it's about creating an environment where residents feel secure, valued, and supported.

It would be hard to find another team so infused with such a family feeling and so strongly united in their care and commitment for the people who live here.

The home is known for its compassionate, empathetic team, many of whom have been with Ryelands for decades. This continuity ensures personalised care and a deep understanding of residents' needs.

Aside from the ever-present comfort of our close-knit care team, you'll find our chaplain in the home for 2 days a week radiating warmth and providing a huge source of spiritual support and guidance, for those of any faith or outlook.



The thank-yous from residents and families remind us why we do what we do.

Solomon-Paul Ekuase, Home Manager

Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

Facilities

- Single furnished ensuite bedrooms.
- Wheelchair accessible with lifts to upper floors.
- Comfortable lounges and communal areas.
- Hairdressing salon for pampering and cinema room for relaxation.
- 24/7 call system in every room.
- Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.
- Minibus for day trips out.
- Music therapy to enhance wellbeing through the power of music.









Living later life well

When you think of a care home, what springs to mind?

Ask any one of our residents at Ryelands and they will regale you with tales of live music, special events like Cultural Days, featuring fashion shows and traditional dishes.

Others might burst into a smile as they remember one of the many intergenerational activities that add even more richness to daily life. Nursery children visit monthly, schools come to sing carols, and life in the home is often accompanied by the sounds of residents and toddlers alike playing on one of the homes three well-used pianos.

Residents enjoy activities like gardening, yoga, and sing-alongs, all tailored to their interests and abilities, and for those who love to explore, the home's minibus takes residents on weekly outings to parks, cafes, and garden centres.

Other highlights include the annual summer BBQ and a much-loved Christmas fair with live music from the home's music therapist, Sophie.

At Ryelands, life is about creating memories, celebrating milestones, and fostering a true sense of belonging.



I cannot speak highly enough of the care my mother-in-law has and continues to receive. She's happy here and that gives us all peace of mind.

Family testimonial from carehome.co.uk



Here *for you...*

Whether you're searching for yourself or a loved one, for short-stays, residential or dementia care, our team at Ryelands will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



020 8647 6837



ryelands@mha.org.uk

Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



mha.org.uk/ryelands



Get in touch

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