

## An unmistakable welcome

Glastonbury's Michael Eavis knows a thing or two about bringing people together to create new memories and enjoy new experiences.

So, perhaps his local influence has rubbed off on us because the people who live and work at Torrwood create our own special environment and atmosphere of community and togetherness.

We think this is one of the reasons people find Torrwood so instantly and unmistakeably warm and welcoming. Because it's a genuine home. With a genuine sense of family.

Set in a quiet rural Somerset location overlooking the Mendip Hills and just 1.5 miles from the centre of Wells, England's smallest city, is the care home with the largest heart.

Being on the same site as the Torrwood retirement living apartments there is a real sense of wider kinship and togetherness. The sense that you're surrounded by people who care. That you're at home. And that you're supported to live the life you choose, without a moment of hesitation.

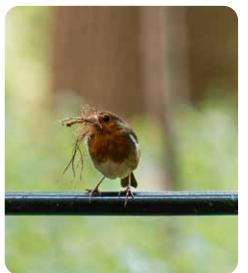


From the moment you walk through the door at Torrwood, you are met with a very warm welcome from every single member of staff.

Family testimonial from carehome.co.uk













## Gardens with peaches and pinks

The gardens at Torrwood sit against the backdrop of the home's unusual but very distinctive pastel pink and peach exterior decoration, which is strangely complementary for the tranquil surroundings of our grounds.

For anyone who relishes the calm and quietude of rural living, you might just fall in love with this space, a haven for relaxation and connection. Beautifully landscaped and secluded, the gardens provide a special place to spend time enjoying the outdoors.

A choice of patio areas allows you to absorb the different sights, sounds and sun traps across the garden. Choose a spot in view of our bird feeders, and you'll usually be rewarded with the fleeting yet fulfilling company of our local wildlife.

The charming summer house, decorated with old fashioned bunting, offers a perfect spot to enjoy the fresh air even on slightly cooler days but when its warm and the gardens are in full bloom it becomes the perfect corner of the garden to relax, have a cup of tea and reminisce.

#### Waiting for the

## fish & chip van

At Torrwood, dining is more than just mealtimes - it's a daily highlight that brings comfort, connection and plenty of flavour and fun. The popular mobile fish and chip van brings a nostalgic touch evoking cherished memories of days gone by.

As you'd expect the menu is shaped around the ideas and the preference of our residents who enjoy suggesting their favourite dishes and desserts. Our chefs regularly meet with their customers to tailor menus to their tastes and dietary needs and there is never a shortage of volunteers to sample the kitchen's latest creations.

The kitchen team crafts hearty classics like Sunday roasts and cottage pie, alongside themed meals like our 'day at the seaside' or special occasions and cultural traditions. Birthdays are marked with beautifully presented favourite cakes, making celebrations extra special.

But that's not all. Baking is a favourite pastime in our home with residents who like to be hands-on to make scones, biscuits and other treats that fill the home with warm, familiar aromas.



#### What you can expect at Torrwood:

- · Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- · Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

#### Lunch

Traditional roast pork with apple sauce.

or

Goats' cheese, spinach and tomato quiche.

All served with seasonal potatoes and roasted root vegetables.

Watermelon sorbet.

#### Evening meal

Soup of the day, with a selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







# Support that speaks For itself

Offering a blend of dementia, nursing and palliative care, our 82 spacious, comfortable rooms are complimented by the communal spaces where residents can socialise, relax, and thrive. Most rooms are blessed with a view of the natural landscape that our garden offers and of course across the beautiful Somerset countryside beyond.

At Torrwood, care goes beyond meeting physical needs - it's about creating an environment where residents feel secure, valued and supported.

Many of our care team have devoted decades of their career to Torrwood, including much-loved Bev the Home Manager who brings over 40 years of nursing experience. Bev is accompanied each day by her two dogs, Teddy and Benjy, two furry team members whose presence delights everyone who meets them.

And you'll also meet Jo, another long-serving and valued colleague, who joined Torrwood 12 years ago as a carer before becoming an activities co-ordinator and is now a member of the maintenance team.

It would be hard to find another team so infused with such a family feeling and so strongly united in their care and commitment for the people who live there.

#### Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- · You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own inside and out.

#### Facilities

- Single furnished ensuite rooms.
- Wheelchair accessible with lifts to upper floors.
- · Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- · Dedicated chaplain for spiritual support or private reflections.
- Music therapy to enhance wellbeing through the power of music.











## Living later life well

### When you think of a care home, what springs to mind?

Life at Torrwood is vibrant and fulfilling, with activities designed to inspire joy and meaningful moments.

Ask one of our residents at MHA's Torrwood, and they might regale you with tales of our seaside-themed day where we converted one of our lounges into a beach complete with a paddling pool. Others might burst into a smile as they remember the cheerleading exercise sessions with pom poms. Some might talk about the joy and fulfilment they find in our music therapy, whether it's local opera singers visiting the home, or doing the conga to Sammy Davis Jnr tunes.

Torrwood's links with Wells Cathedral School bring young musicians to perform for residents, creating intergenerational moments of joy. Seasonal celebrations, such as garden parties and harvest festival ensure there's always something to look forward to.

At Torrwood, life is about celebrating the present while cherishing the past, in a home where every day feels special.



The music therapy group provides colleagues a way to connect with residents in new ways and add to their quality of life.

Louis, Music Therapist













# Here for you...

Whether you're searching for yourself or a loved one, for short-stays, nursing, palliative or dementia care, our team at Torrwood will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:





# Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.





#### Get in touch

#### **Torrwood care home**

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