



Westbury Grange care home



*Live later
life well*

Nursing, dementia, residential and short-stay care in Newport Pagnell

Don't forget the *digestives*

Standing on the site of MHA's first home to specialise in dementia care, and nestled next to The Limes independent living properties, you'll find MHA's Westbury Grange care home.

It's not difficult to describe the feeling you'll get when you walk into Westbury Grange, because we've heard it so many times before. People tell us it feels like a home, from minute one. They say they can sense the warmth. Feel the community. They can see the confidence and companionship as they're greeted by team and residents alike.

Nothing could make us prouder than that kind of first impression. And we hope you'll sense it too.

There are other things that make Westbury Grange such a unique place to spend your days. Alongside the ancient lime tree that stands tall in the centre of our secluded garden, lives one prime example: Peter – our resident rabbit.

As sociable as he is eccentric, Peter spends his days hopping between the patios of our ground floor bedroom suites, much to the joy of our adoring residents and their guests. Give him a digestive and he'll love you forever. A shortbread is perfectly acceptable too.



Our long-standing and much-loved manager, Julie, describes Westbury Grange in her own unique way:



We're all very proud of Westbury, in particular the homely, warm feeling. Many of our team have been with us for thirty years, which means they know the residents and they care more than you could imagine. This isn't just a care home. This is a home.



Delights on *your doorstep*

Westbury Grange is just a short walk from the centre of Newport Pagnell, a traditional type of high street, bustling with independent shops and cafés. The local Methodist church is close to the town centre too, with its own tea shop proving to be a firm favourite with Westbury's residents over a number of years.

For anyone who fancies a trip further afield, the world-famous Bletchley Park is just 20 minutes in the car, and you can't miss the famous concrete cows of Milton Keynes if you arrive from that direction.

At the home itself you'll find a sun trap of a garden. Quaint. Secure. And bursting with colour from its flower beds and the aromatic scent of lavender and herbs that flow from the raised planters.

The home itself curves around the historic lime tree in the heart of our garden; a stunning sight in any season, from the shimmer of winter to the vivid golden green of spring and summer.

Go for the *gooey ones*

If you're familiar with Westbury Grange, then you might also be familiar with the talents of our two chefs, in particular the home-made cookies that have secured their place as a firm Westbury favourite.

Warm, soft and gooey, our residents say they're 'exactly as they should be', which perhaps explains the short windows of availability, whenever a fresh batch appears.

Every other morsel of food is prepared with equal love and effort, made fresh every day, and enjoyed in a bustling bistro that's shared with the like-minded residents of The Limes, MHA's independent living community that adjoins our home.

Whether it's the traditional favourites, the personal requests, the fish and chips each Friday, or the servings of coffee and cakes, our menu evolves in line with the feedback and favourites of our residents and their families, putting them at the heart of the menus they enjoy.



What you can expect at Westbury Grange:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

Lunch

Traditional roast pork
with apple sauce.

or

Goats' cheese, spinach
and tomato quiche.

*All served with seasonal potatoes
and roasted root vegetables.*

Watermelon sorbet.

Evening meal

Soup of the day, with a
selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







Mum has really settled wonderfully and is very well and happy. I have now gone back to being her daughter and my visits are lovely. I have been as well looked after by everyone at Westbury Grange as mum has been.

Family testimonial from carehome.co.uk

Support that *speaks for itself*

Our 45-bedded care home is organised into three small units, with nursing care offered on the upper floor and both residential and dementia care provided on the ground floor.

Each unit enjoys its own central lounge and dining spaces, unique views over the garden or surrounding areas, and easy access to an enviable suite of shared facilities. The library, the salon, bistro and on-site convenience store are all readily available to residents and their guests.

Aside from the ever-present comfort of our close-knit care team, you'll find our chaplain in the home two days a week, radiating warmth and providing a huge source of spiritual support and guidance, for those of any faith or outlook.

We're fortunate that the quality of our care and support speaks for itself. Or to be more specific, the positive recommendations of friends, families, neighbours and volunteers does the talking on our behalf.

It means the majority of our residents have been welcomed to Westbury thanks to local reputation, or referrals from both healthcare professionals or from the Methodist church.

The result is a close-knit and like-minded group of residents who remain effortlessly entwined with their local community. They wouldn't have it any other way. And neither would we.

Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

Facilities

- Spacious en-suite bedrooms with call system.
- Dedicated chaplain for spiritual support or private reflections.
- Hairdressing salon for care and pampering.
- Comfortable lounges and communal areas.
- Landscaped gardens with veranda and summer house.









Living later life well

When you think of a care home, what springs to mind?

Ask one of our residents at MHA's Westbury Grange, and they might regale you with tales of our eccentric activities co-ordinator, who was once seen marching through Newport Pagnell in a vintage swimming costume to collect fish and chips for the residents.

Others might burst into a smile as they remember one of the many mother and toddler groups that are welcomed into our bistro, often accompanied by the sounds of residents and toddlers alike prancing along the oversized floor piano.

Some might talk about our care home Olympics, painstakingly organised to be inclusive of any age or ability. Others would share the comfort and fulfilment they find in our music therapy, whether it's the 1-2-1 organ and guitar sessions, or the group sing-along classes.

There's the popular visits from Ousedale School too, whose children regularly volunteer at Westbury, whilst also providing theatrical entertainment at certain times throughout the year.

It all adds up to a life well lived. For our residents. Their guests. Our team. And the community that calls this home its own.



Here *for you...*

Whether you're searching for yourself or a loved one, for short stays, residential, nursing or dementia care, our team at MHA's Westbury Grange will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



01908 210322



westburygrange@mha.org.uk

Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



mha.org.uk/westburygrange



Get in touch

Westbury Grange care home

Westbury Lane, Newport Pagnell MK16 8JA



01908 210322



westburygrange@mha.org.uk