

## The home with the library

Located in the charming village of Bowdon, Handsworth offers a peaceful yet connected lifestyle.

Local amenities certainly aren't an issue as the home is just a short walk from Altrincham's bustling town centre and benefits from excellent transport links via tram and bus. Outings are easy and enjoyable, and all the local amenities are straightforward for residents to access.

Handsworth's characterful building houses 43 en-suite rooms, offering a perfect mix of privacy and companionship. The home has large, open lounge areas with giant TVs for movie nights or shared moments of relaxation.

For quieter times, the recently refurbished library space provides a growing collection of books and offers a calm place for reflection and literary contemplation.

Surrounded by lush green areas, including nearby Beddington Park and Epsom Downs, From visits to The Griffin pub to outings at the Garrick Theatre, every day here is an opportunity to live fully and joyfully.



From my first tour and enquiries through to dad moving in and first couple of weeks, the staff/managers have all been so lovely. Everyone is cheerful, kind and caring.

Family testimonial from carehome.co.uk













## Gardens that grow with you

The gardens at Handsworth are much more than outdoor spaces - they're where friendships blossom and moments are cherished.

Featuring raised beds, a pergola, and plenty of seating, the gardens are designed to meet everyone's needs.

Residents take pride in gardening projects, planting seasonal flowers that bring colour and joy to the space. One particular resident has a talent for tending the hanging baskets displaying vibrant blooms that brighten everyone's day throughout summer.

The wheelchair-accessible pathways and shaded corner areas ensure the gardens are a haven for relaxation and connection.

Seasonal events, like the summer fayre, transform the garden into a lively gathering place, complete with Morris dancers, live music, and delicious treats. Whether enjoying a quiet moment with tea on the patio or celebrating with family and friends, the gardens at Handsworth are a true highlight of life here

## Sweet comfort in every bite

The food here is about more than just mealtimes - it's about creating moments of joy, comfort, and connection. Every dish is freshly prepared using locally sourced ingredients, with menus shaped by residents' preferences to ensure everyone feels at home.

Traditional favourites like corned beef hash and roast dinners are always popular, while themed events, such as cheese and wine nights, add variety and excitement. Residents also enjoy personalised dining experiences for birthdays, choosing anything from steak and lamb chops to a cheeky KFC takeaway.

Weekly "Treat Wednesdays" are a much-loved tradition, with residents indulging in their favourite snacks and desserts, from lemon buns to Bailey's coffee. Seasonal dishes like Autumnal shortbread and Easter cakes bring extra fun to mealtimes.



The outstanding feature is the amazing team who work there. They are so kind, caring and really go the extra mile for the residents.

Family testimonial from carehome.co.uk



## What you can expect at Handsworth:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- · Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

#### Lunch

Traditional roast pork with apple sauce.

or

Goats' cheese, spinach and tomato quiche.

All served with seasonal potatoes and roasted root vegetables.

Watermelon sorbet.

#### Evening meal

Soup of the day, with a selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







# Support that speaks for itself

Our care is deeply personal, designed to support residents' physical, emotional, and social wellbeing. With 43 en-suite bedrooms, the home offers privacy, comfort, and a sense of security. Residents are encouraged to personalise their rooms, making them feel truly at home.

Communal spaces, including two large lounges, a prayer room, and a beauty salon, provide opportunities to socialise, relax, and unwind. The beauty salon is a resident favourite, offering hairdressing, nail care, and massages. A glass of prosecco during pampering sessions adds a touch of luxury, making every visit feel like a spa day.

The dedicated team at Handsworth ensures that every resident feels valued and supported. Long-serving staff members provide continuity and familiarity, fostering a sense of trust and belonging.

At Handsworth, care goes beyond meeting needs - it's about creating a place where residents truly thrive.



We're not just a care home - we're a community where everyone matters.

Julia Ronan, Home Manager

#### Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own inside and out.

#### Facilities

- Single furnished ensuite bedrooms.
- Award-winning music therapy to support life with dementia.
- · Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- · Dedicated chaplain for spiritual support or private reflections.











## Living later life well

## When you think of a care home, what springs to mind?

Life at Handsworth is vibrant and ever changing, with activities that inspire connection, creativity, and fun. Residents enjoy everything from baking and crafts to karaoke sessions and live performances from Morris dancers and local musicians.

Seasonal events, like the summer fayre and Christmas photoshoot, are highlights of the year, bringing families and residents together to celebrate. Intergenerational activities with children from Altrincham Preparatory School fill the home with laughter, while the "Songs and Smiles" programme brings young children in for music and dancing.

Outings to local attractions, including the Garrick Theatre and nearby pubs, offer opportunities for adventure and connection beyond the home. Regular visits from therapy animals bring added joy and companionship, making every day at Handsworth special.

At Handsworth, every day is a celebration of life, filled with opportunities to make memories and enjoy meaningful connections.



We thank Handsworth so much for the care they gave to my brother while he was there. He was treated with respect. Thank you all.

Family testimonial from carehome.co.uk













# Here for you...

Whether you're searching for yourself or a loved one, for short stays, residential or dementia care, our team at Handsworth will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



0161 928 5314



handsworth@mha.org.uk

# Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.





### Get in touch

#### Handsworth care home

West Road, Bowdon, Altrincham WA14 2LA





