



**Gledhow
care home**

*Live later
life well*

Nursing, nursing dementia, palliative and short-stay care in Leeds

Care in a calm, *connected setting*

Nestled at the end of a quiet, tree-lined driveway in a leafy Leeds suburb, Gledhow care home offers peaceful living around 10 minutes from Leeds city centre. The home lies in close proximity to the beautiful Yorkshire Dales, with lovely local attractions like Roundhay Park, Temple Newsam, and Harewood House nearby.

Purpose-built to offer the very best in nursing, dementia and respite care, our home is designed with comfort and community at its heart. Our front garden is shared with MHA Trinity Court retirement living, complete with accessible paths ideal for walks and chats in the fresh air.

The local high street - just a short stroll away - has everything from bakeries to coffee shops. There's even a handy bus stop at the bottom of the drive.

With long-standing staff, strong community ties, and a deeply supportive chaplain, Gledhow feels more like an extended family than a care home.



I love working at Gledhow and take great pride in the quality of care we provide. I am deeply passionate about delivering person-centred care and empowering our team to do the same. Building relationships with our residents and their families is at the heart of what I do, ensuring we support them through the transition into our care and beyond with understanding and compassion.

Rita Kaur, Home Manager



A breath of fresh air, *indoors and out*

Though set just off a main road, the long, private driveway leads to a peaceful hideaway surrounded by mature trees – the kind of space where you can hear the birds and catch the seasons changing. The garden room brings the outdoors in, with artificial grass underfoot, comfy seating, and a calming view of greenery. It's often used by our chaplain as a quiet spot for reflection or meaningful chats.

We've got lovely touches too, like Seashell Cove, a beach-themed room created with help from a resident's family, offering a gentle escape to the seaside without leaving the home.

Right next door, the local primary school brings joy and laughter through shared activities including decorating stones for the pathways and surprise visits that brighten everyone's day.

We're also lucky to have fantastic support from volunteers, who help on creative projects like our blossom tree mural. And outside, a special memorial tree stands as a thoughtful place to remember those we've loved.

Fresh food and *friendly cheers*

Fresh, flavourful, and made with heart – that’s what mealtimes look like here. Between our three talented cooks – who bring experience from the UK, the Philippines, and Italy – there’s a wealth of culinary knowledge and a shared passion for nutritious, comforting food. Melvin, one of our longest-serving team members, has been part of the kitchen for over 22 years.

Menus change with the seasons and are shaped by residents’ input – if there’s a favourite, we’ll make it happen. Fish and chip Fridays are a weekly hit, as is our popular carrot and coriander soup. Our seafood dishes always go down a treat too.

The team’s sweet treats are a real talking point – think freshly baked cakes, biscuits, and indulgent afternoon teas. Every birthday is celebrated with a bespoke cake, and we love getting families involved in special occasion spreads.

There’s also The Gledhow Arms – our very own pub – perfect for pub lunches, catch-ups, and watching the big game together. It’s more than food – it’s nourishment, celebration, and connection.



What you can expect at Gledhow:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

Lunch

Traditional roast pork
with apple sauce.

or

Goats' cheese, spinach
and tomato quiche.

*All served with seasonal potatoes
and roasted root vegetables.*

Watermelon sorbet.

Evening meal

Soup of the day, with a
selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







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My wife has been in Gledhow Care Home for over a year now. She has advanced dementia and is very well looked after by the excellent staff who are always patient and friendly. The home has no restrictions on when I can visit and always keep me informed of what is happening in relation to my wife. I would thoroughly recommend the home.

Family testimonial from carehome.co.uk

Support that *speaks for itself*

We're here to make later life fulfilling, comfortable, and full of connection. With space for up to 51 residents, all in ensuite bedrooms, we provide personalised nursing and nursing dementia care – along with palliative and respite support – in a purpose-built setting designed to meet each person's unique needs.

Our long-standing team (some here over 20 years!) brings warmth, experience, and a strong sense of family. The chaplain is a much-loved part of the team, offering emotional and spiritual support wherever and whenever it's needed – always with kindness and compassion.

It's all about balance – expert care paired with thoughtful touches. Residents enjoy a sensory room for calming experiences, an on-site salon with regular hair appointments, and visits from chiropodists and podiatrists.

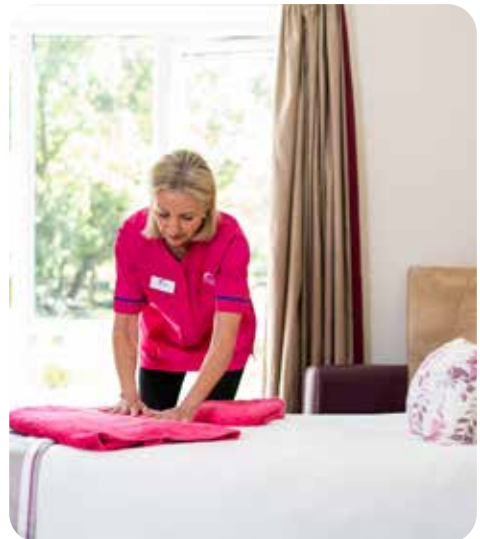
Our dementia café, Brews & Memories, hosts themed clubs and reminiscence sessions. And with access to a minibus for day trips, there are always opportunities to get out and enjoy life beyond our front door.

Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

Facilities

- Single furnished ensuite bedrooms.
- Award-winning music therapy to support life with dementia.
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with summer house.
- Dedicated chaplain for spiritual support or private reflections.





Living later life well

When you think of a care home, what springs to mind?

Our activities are full of variety, colour, and connection. Whether it's themed weeks celebrating different countries – from Italy to India – with morning chats and matching meals, or quiet moments with a good book in Reading Club, there's something for everyone.

We host weekly Move to Music sessions helping residents stay active with the joy of familiar tunes. For those less mobile, 1-to-1 sessions ensure everyone gets the chance to join in. Our Joyful Noise gatherings, led by the chaplain and activities team, are a wonderful mix of music, singing, and laughter.

We also love visits from local schoolchildren who bring poems, crafts, and cheer – especially around Christmas. There's even time for flower arranging using wild blooms and regular visits from donkeys, llamas, and Shetland ponies.

Famileo helps families stay close with personalised printed newsletters, and we come together throughout the year for special events like the Summer Fayre, Easter, and Valentine's Day celebrations.







Here *for you...*

Whether you're searching for yourself or a loved one, for nursing, nursing dementia, palliative and short-stay care, our team at Gledhow will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



0113 288 8805



gledhow@mha.org.uk

Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



mha.org.uk/gledhow



Get in touch

Gledhow care home

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