



Glen Rosa care home

A photograph of an elderly Black man with a grey beard and glasses, wearing a purple button-down shirt. He is sitting in a brown armchair, smiling warmly at the camera. His hands are clasped in his lap. To his left is a green potted plant, and to his right is a window showing green foliage outside. A person's hand is visible on the right side of the frame, resting on the arm of the chair.

*Live later
life well*

Residential, residential dementia and short-stay care in Ilkley

The care home where *history is made*

Tucked away on a quiet, leafy street in charming Ilkley, Glen Rosa blends historic character with modern comfort. This beautiful former manor house has been part of the MHA family since 1947 – making it one of our longest-standing homes. With stunning views over Ilkley Moor, especially from the upper floors, it's a peaceful retreat full of warmth and personality.

We're just a short stroll from Ilkley town centre – perfect for a coffee at the famous Betty's tea rooms, a browse in the bookshops, or a spot of shopping. There are great transport links too, with the train station and bus stops close by.

We've got strong ties with the local Methodist Church, just around the corner Glen Rosa isn't just a home – it's a part of Ilkley's story, and we'd love you to be part of ours.



What I love most about Glen Rosa is its warmth and character – it's not a purpose-built place, and that's exactly what makes it feel like home. There's a real sense of family here, not just among the residents but also the staff, many of whom have worked here for decades. The connections to the local community, especially the church, are incredibly strong, and it's inspiring to be part of a home that means so much to the people of Ilkley.

Adam Carling, Home Manager



Step outside and *soak it all in*

Our outdoor spaces are something special – from the sweeping front lawn to the peaceful corners under mature trees, there's plenty of room to relax, chat, or simply enjoy nature. The front veranda is a favourite spot to sit with a cuppa and take in the view, while the sunny patio's perfect for catching up with friends.

To the side of the home, you'll find our secure, dementia-friendly sensory garden – an enclosed, calming space with seven raised flower beds, herbs, and vegetables. Designed to support wellbeing and connection, it offers a peaceful spot to relax, potter, or enjoy time with others. It was officially opened by the Mayor of Ilkley and adds another dimension to the home's welcoming outdoor areas.

The sunroom, linked to the main lounge, is always bright and welcoming – a great communal space all year round.

We also use our outdoor space to host our fabulous summer fair, garden party-style, complete with raffles, live performers, and our beloved ukulele band. And watch this space – a charming old barn is in line for a makeover into a vibrant events hub!

Good food, *made with heart*

When it comes to mealtimes, we don't just serve food – we serve comfort, memories, and a lot of second helpings! We're big on favourites here – roast dinners twice a week (yes, even midweek!), traditional puds like treacle sponge and pavlova, and birthday cakes made exactly how each resident likes them. Lemon drizzle? Chocolate fudge? You name it.

One of our much-loved kitchen assistant, Brendan, started here at 16. His mum and grandad both worked here before him, so it's fair to say the place runs in his blood. He brings warmth, energy and a real passion to the role – and now he's training to become a chef himself!

We've hosted themed food nights, baked crumbles from our own apples, and enjoyed plenty of laughs along the way. If someone's eating habits change, we sit down for a proper chat to find out what's going on – and tailor meals to get them back on track.

And for a relaxing catch-up with visitors, our cosy first-floor Bistro café is just the spot – coffee, cake and stunning Ilkley Moor views included.



What you can expect at Glen Rosa:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

Lunch

Traditional roast pork
with apple sauce.

or

Goats' cheese, spinach
and tomato quiche.

*All served with seasonal potatoes
and roasted root vegetables.*

Watermelon sorbet.

Evening meal

Soup of the day, with a
selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







“

My mum has lived at Glen Rosa for three years. She continues to enjoy life there and has made many friends both residents and carers. A lot of the carers have been there since her arrival so know her well. There are activities provided for the residents to join in with should they wish to and my mum is always the one getting up to dance

Family testimonial from carehome.co.uk

Care that *feels like home*

With space for up to 47 residents across two friendly households, our care is all about comfort, dignity, and connection. We offer both high-quality residential and dementia care, tailored to individual needs.

Kitwood House, our dedicated dementia household, is a newer part of the home – designed with the Tom Kitwood approach in mind. It's a calm, supportive space with its own lounge and secure garden, ideal for peaceful moments and personalised care.

What sets us apart is the feel of the place – warm and lived-in, never clinical. Many of our team have been here for over a decade (some over 30 years!), bringing continuity and real familiarity to daily life.

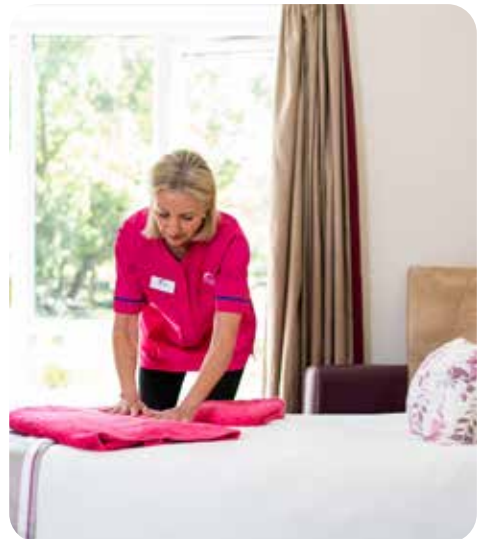
We've got lovely touches too – like a tranquil library at the back of the home, filled with donated books and soft seating. It was inspired by a former librarian who lived here, and even features work by our very own resident author, Midge Sugden, whose book *One Life* sits proudly on the shelf.

Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

Facilities

- Single furnished ensuite bedrooms.
- Award-winning music therapy to support life with dementia.
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 call system in every room.
- Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.









Living later life well

When you think of a care home, what springs to mind?

There's always something going on – from gentle activities to big community events. Our dedicated Activities Coordinator, Annie (who once worked in TV!), brings bags of creativity and heart to everything she plans. Weekly music therapy sessions, poetry club, and the ever-popular “Love to Move” programme keep minds and bodies engaged.

Our recreated train carriage brings the magic of rail travel to life, with vintage décor, luggage racks, and a moving window scene showing scenic countryside views. It's a space that encourages conversation, reminiscence and connection – a much-loved feature that brings comfort, joy and a real sense of journey to daily life at Glen Rosa.

Animal lovers are in for a treat, with visits from alpacas, reptiles, rabbits, guinea pigs, and Neville – a charming Borderdale therapy dog who pops in weekly for cuddles and biscuits.

A local ukulele group performs regularly, with one of our own residents often joining in! We also use Famileo – a clever app that turns family messages and photos into a printed newsletter, helping residents stay connected in a personal, meaningful way.



Here *for you...*

Whether you're searching for yourself or a loved one, for residential, residential dementia and short-stay care, our team at Glen Rosa will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



01943 609604



glenrosa@mha.org.uk

Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



mha.org.uk/glenrosa



Get in touch

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